

Are you concerned about the
emotional well being of your
child?

Parent Chat

Drop In! No
Registration
Required!

Peer to Peer Support For Parents
of Teens 14+

Questions?
Contact: Donna Soo
(650) 828-0997
Trudy Palmer
(650) 208-9116

Come join a support group hosted by
the Mental Health Subcommittee of
SELPA 1 CAC

**7:00-8:30PM, second
Tuesday of every month**

Los Altos Library Orchard Room
13 S. San Antonio Road, Los Altos



Website: selpa1cac.org
Facebook: selpa1cac
Instagram: mentalhealthselpa1